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Customer Review

★★★★★ **Understanding is the key**, July 5, 2017

By [Staffaneller Gerald](#)

This review is from: **FREEDOM: The End of the Human Condition (Paperback)**

A big promise is stated on the cover of Freedom: "The book that saves the world", a quote by professor Harry Prosen. But before I give you my conclusion to this statement, I want to tell you a little bit about how I dealt with reading Freedom and especially with the information within. I always had a very hard time coping with what is going on in the world and my surroundings, though I would say I was living a pretty normal life. I was working a 9 to 5 (or better said 8-7) job as a manager in a multinational corporation, and to deal with all the stress I faced at work I threw myself into music in my spare time. But at one point this wasn't working anymore. I needed to know what was going on, which at this time seemed hopeless. Later I would figure out that it wasn't hopeless after all.

I have to admit that reading Freedom was not easy, especially at the beginning, but things got clearer as I continued to read. Luckily a friend of mine was also reading Freedom, so we started to talk about it more and more. Though it was a confronting process, I kept reading, and doing so changed everything. Indeed it takes time to apply the information to your own life and your way of thinking. But once you are able to digest it, you start seeing proof that this information is true every day in nearly every situation.

I personally love that Freedom brings the gained knowledge of all kinds of different fields together, which enables one to make sense of literally everything, the whole world.

Though everything made sense, I still had a hard time to see how the information could change the world. The most powerful explanation of Integrative Meaning helped me get closer to the answer. I kept Integrative Meaning in mind all the time, 24/7. After some time I realized why professor Harry Prosen called it "The book that saves the world". It is not the information itself, which changes the world, no, it is what the information does to you. UNDERSTANDING IS THE KEY. With this understanding everything changes in you. All your anger, all the egocentricity, all-depressive feelings start to vanish. So do materialistic dreams, actually they seem ridiculous. So as it might not seem like a big thing if you have the whole world in mind, it is actually a first step that we can all take to save the world.

When I see now other people who are getting in touch with the information and how they change, how they feel; I can only urge every single person to read Freedom as this understanding is really the only way to save the world and prevent us from the direction we are heading in. UNDERSTANDING IS THE KEY

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[FREEDOM: The End of the Human Condition](#)

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Reviewer



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